

WHO WE ARE













WHO WE ARE



Opened November 1986 120-bed long-term care facility





1989: Entered the Medicare Program

1995: Addition of 12 beds

1996: Entry into post-acute rehab.

1996: Establishment of Outpatient Physical Therapy Clinic (1st in State!)

2004: Development of post-acute rehab. suites and dedicated beds

2008: Expansion of Outpatient Clinic and Conversion of semi-private rooms

2009: Medical Rehab Program accredited by CARF

2012: Stroke Specialty Accreditation achieved



https://www.medicare.gov/care-compare/



2024

132 skilled nursing & rehab beds

- 50 post-acute rehabilitation
- 80 long term skilled care

Licensed by

MA Department of Public Health Accredited by CARF

How It's Paid For

Medicare, Medicaid (MassHealth), Most 3rd Party Insurances, Private Funds

Skilled Care Includes

IV Therapy, Wound Care, Physical, Occupational & Speech Therapy Bathing, Dressing, Nutrition Support

WHO WE ARE



BROAD REACH

LIBERTY COMMONS

By the numbers

750 Admissions per Year500 Discharges Home250 Long-Term & End of Life Care

From: Cape-Wide ● Cape Cod Hospital

Spaulding ● MGH ● Brigham

NE Baptist ● Beth Israel Plymouth



24hours/7 days

Primary Care Physicians & Nurse Practitioners

Skilled Nursing Care -> RN's, LPN's and Certified Nursing Assistants

Physical, Occupational, Speech Therapy

Social Workers, Mental and Behavioral Health Providers

Recreation Therapy

Buildings & Grounds, Food & Beverage, Environmental Services





2024

40 assisted living apartments

- studios
- 1 + 2 bedroom suites

Certified by

MA Executive Office of Elder Affairs

How It's Paid For

Private Funds

LTC Insurance

Services Include

Supportive Supervision & Oversight Meals, Personal Care **Medication Management** Respite Care (2 week – 2 months)

WHO WE ARE

BROAD REACH

VICTORIAN ASSISTED LIVING

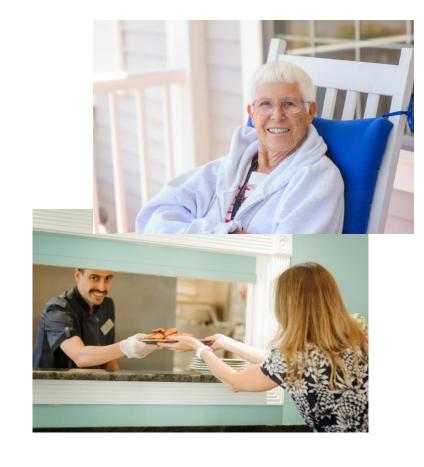
By the numbers

50 Move-Ins per Year 14 Move Out for Skilled Care

From: Chatham & Lower Cape

Average Age: 90 (from 70-107)

25% Men ● 75% Women ● Couples



24hours/7 days 35 staff **Executive Director** Wellness Nurses **Resident Service Assistants** Food & Beverage & Environmental Services



2024

Outpatient Rehabilitation Clinic

Certified by

MA Department of Public Health

How It's Paid For

Medicare & Private Insurance

Services Include

Physical Therapy, Occupational Therapy Speech Therapy, with Lymphedema and Pelvic Floor Specialists Orthopaedic (hips, knees) & Post-Stroke Hands-On Modalities Emphasizing One-on-One Therapy

WHO WE ARE



REHABILITATION CLINIC

By the numbers

30,000 patient encounters per year

From: Chatham & Lower Cape

100+ Referring Specialists and Primary Care Physicians



30 staff

Physical Therapists
Occupational Therapists
Speech Therapists
Physical Therapy Assistants





https://www.medicare.gov/care-compare/

2024

Hospice Agency

Certified by

MA Department of Public Health

How It's Paid For

Medicare

Conditions Include

Cancer	11%
Dementia	35%
Stroke	10%
Circulatory/Heart Disease	15%
Respiratory disease	4%

WHO WE ARE



By the numbers

-> 90-100 patients on service on any given day

In: Private homes
Skilled Nursing Facilities
Assisted Living &
Supportive Care Residences

From: Mashpee to Provincetown ...and everywhere in between.



Hospice Services Include

Skilled nursing visits.

Patient and family support, education and care coordination.
All aspects of personal care assistance.
Companionship and alternative therapies.

Rehabilitation and nutritional services.

Physicians & Nurse Practitoner

50 staff

RN Case Manager
Home Health Aides
Social Worker
Pastoral Counselor
Grief Care & Bereavement

Volunteers





The Pandemic Pause: 2020 -













155 Unique Elements of Regulatory Direction

(in addition to Reporting Requirements) HHS Provider Relief Funds Reporting Portal Rules

Answers to Your Most Challenging Questions



A Uniquely Different Experience





CDC Centers for Dise	ease Control and Prevention s. Protecting People TM		Search	Q
Nursing Homes ar	nd Assisted Living (Long-ter	rm Care Facilities [LTCFs])		
CDC > Long-term Care Facilitie	es (LTCFs)			
↑ Long-term Care Faciliti	Infection	Prevention Success Stories		
Be a Safe Resident Infection Prevention Toc		the experiences of long-term care facilities, nursing home health departments as they successfully respond to COVID-	On this Page	
Infection Prevention	Get Email Updates	Building trust with residents and f	amilies is essentia	ıl.
Infection Prevention Stories Health Department R LTCFs	To receive email updates about this page, enter your email address:	Broad Reach Health When visitor and access limitations were implemented at Liberty Commons skilled nursing facility in Massachusetts, leadership knew that the fear of the unknown could be more paralyzing than any realities. Broad Reach decided right away to communicate regularly, across the board, with families, residents, and staff alike. The response, they say, has been "nothing short of overwhelmingly positive."		
	What's this? Submit	To communicate with families and residents, the team at Liberty Commons opted for automated voice messages, which had long been part of its emergency preparedness plan. The messages are also posted on the facility's website every day and shared on social media. The website shows ongoing aggregate COVID-19 testing results for both residents and staff;		

information about PPE procurement and recoveries from COVID-19; and "human interest" updates, especially as they relate to visitor restrictions and isolation precautions. A key communication success has been the implementation of a dedicated

Broad Reach says there has been no backlash or perception of information being withheld, and frontline staff has not had to field as many calls about what's happening. When two residents tested positive for COVID-19, the response remained

"info" email address and voicemail for families to leave questions, promising response within a business day



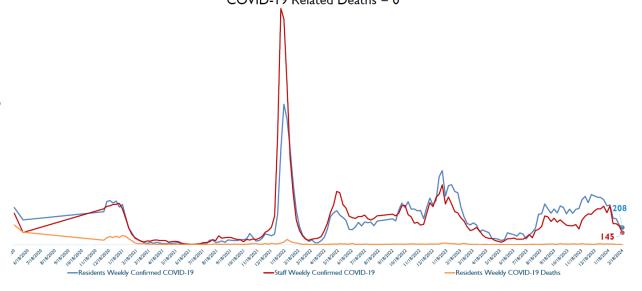
Forward to 2024

• Pandemic is "over" (but COVID's not "gone").

Radical Changes in Healthcare
 & Healthcare's Workforce.

Resident and Staff Weekly COVID-19 Cases: May 18, 2020 – February 18, 2024

Data for week ending 2/18/24
Resident Cases = 208, Staff Cases = 145
COVID-19 Related Deaths = 0



- 20% Loss of Workforce
- Consumer and Patient Experiences Plummet
- Occupancy/Utilization/Demand Explodes

Drilling down...





January 2024 Data:

536 to SNF 912 Awaiting Discharge 37 to LTACH Statewide 21 to IRF 318 to Home Health 40 HOSPITALS REPORTING

	Home Health	LTACH/IRF	SNF
February	17%	39%	52%
March	43%	43%	49%
April	31%	51%	52%
May	36%	40%	53%
June	0%	43%	47%
July	12%	38%	43%
August	20%	33%	48%
September	21%	42%	43%
October	28%	33%	44%
November	18%	30%	42%
December	14%	37%	44%
January	11%	38%	42%

- Patients Accessing **Hospitals For More**
- Hospital Patients **Boarded in Emergency** Dept's
- Increased Pressure for **Hospital Discharge**
 - Insurance Red Tape
 - Longstanding System Instabilities Exacerbated

Drilling down...

- Broad Reach Referral Volumes and Wait Times
 - Short Term Rehab.
 - Long Term Care Beds
 - Hospice Services

- Addressing Workforce Challenges Differently
 - "Work Life Balance"
 - Wages, Benefits, Working Conditions
 - Cape Cod's Recruitment and Retention Hindrances Worsen
 - Especially Housing



OUR VISION

A vibrant year-round community where everyone has a stable place to call home.

OUR MISSION

Housing Assistance strengthens the Cape Cod and Islands region by empowering individuals, fostering community connections, and increasing affordable housing opportunities.

Shelter Stats



- In 2022, we served more than 236 people including 138 children.
- An average stay ranges from 9 months to 12 months.
- Every family is required to participate in education and housing case management.

What We Do

Housing Assistance has helped more than 6,000 Cape & Islands residents in 2022:

- 2,382 families secured in yearround housing
- 2,043 people connected to services and education

We are also the largest developer of affordable housing on the Cape & Islands, creating 585 units since 1978 with 208 new units in the pipeline.







The Housing Market



for average short-term rents to exceed average year-round rents



Buying Power of Our Workforce



ACCOUNTANT \$75,000

120% AMI

I can afford to

RENT: \$1,875

BUY: \$300K



TEACHER \$60,000

100% AMI

I can afford to

RENT: \$1,500

BUY: \$240K



ASST. BRANCH MGR. \$50,000

83% AMI

I can afford to

RENT: \$1,250

BUY: \$200K



\$40,000

67% AMI

I can afford to

RENT: \$1,000

BUY: \$160K

[Median Home Price: \$795,000, Income Needed to Purchase: \$210,000]

[2-Bedroom Rental: \$2,500/month, Income Needed to Rent: \$90,000/annually]

*Rent affordability = 30% monthly income



Our vision is a Cape Cod with a variety of housing types to fit the needs and resources of all residents without sacrificing the natural beauty we have worked so hard to protect.













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If You Need Us...

Admissions / Service Access

Liberty Commons

- Stefanie Murray, Director of Admissions & Marketing
- StefanieMurray@BroadReachHealth.org
- 508.945.1611 x247

The Victorian Assisted Living Residence

- Kayla Bettencourt, Executive Director
- KaylaBettencourt@BroadReachHealth.org
- 508.945.1211 x3960

Broad Reach Hospice

- Maureen Casale, Director of Admissions
- MaureenCasale@BroadReachHealth.org
- 508.945.4601

Broad Reach Outpatient Rehab.

- Donna Gallant, Reception & Admin Support
- DonnaGallant@BroadReachHealth.org
- 508.945.9601

Senior Leadership

Jason Lavallee, Administrator (Liberty Commons)

JasonLavallee@BroadReachHealth.org

Kayla Bettencourt, Executive Director

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Jamie Nunes, Administrator (Hospice)

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